

## Regulation "International Half Marathon"

### Running Event Provisions

#### 1. General Provisions.

The running event "International Half Marathon" is held as part of the Federal Target Program "Development of Physical Culture and Sports in the Russian Federation for 2016-2020".

- propaganda of a healthy lifestyle aimed at improving the social psychological climate and life expectancy by popularizing jogging among the population of the Russian Federation;
- fixing Russian records for running WRF
- assignment of ranks up to and including MSMK WRF
- involving all age groups of the population of Russia in regular physical education and sports;
- development of mass sports;
- Stimulating the growth of athletic achievements in long-distance running.

#### 2. Place and date of the event.

2.1. Location: St. Petersburg

2.2. Date: 04/05/2020.

2.3. Time: from 9:00 to 16:00.

2.4. The main characteristics and program of the Event are presented in section 5 of these Regulations.

#### 3. Event organizers.

3.1. The organizers of the event are:

- Organizer - ANO Assistance in the Development of Athletics "World Running Federation"

#### 4. Financing terms for the Event.

4.1. The costs of organizing and conducting the Event are carried out due to:

- funds of sponsors, payments of participants for participation in the Event;

4.2. The costs of secondment of nonresident participants (travel, accommodation, meals, per diem) are borne by sending organizations.

#### 5. Description of the format of the event.

5.1. The event includes several types of races at various distances and related cultural events for participants and guests.

5.1.1. Cultural events are held with the aim of creating conditions for informal relaxation of participants and guests and may include master classes, a concert program on stage, as well as music and theatrical support points at a distance.

In the starting and finishing town there are: a stage for the solemn part of the competition, rooms for registration of participants, changing rooms, left-luggage offices, starting and finishing construction, toilets.

5.1.2. The event includes the following disciplines:

Distance

Time Limit

Requirements for Participants

1. Distance 300m (max. Distance 5 minutes) from 4 to 6 years inclusive
2. Distance 600m (max. Distance time 10 minutes) from 7 to 9 years inclusive
3. Distance 3 km (max. Distance time 30 minutes) from 10 years inclusive
4. Distance 5 km (max. Distance time 40 minutes) from 16 years inclusive
5. Distance 10 km (max. Distance time 90 minutes) from 16 years inclusive
6. Distance 21.1 km (max. Distance of 3 hours) from 18 years inclusive

5.1.3. The participant independently assesses the level of his training and determines in which race he participates.

5.1.4. The limit of the number of participants in the Event: 2000 people.

5.1.5. Description of the track:

- main road surface: asphalt.

5.1.6. Launch Location: St. Petersburg

5.1.7. Finish Location: The finish is at the start location.

5.1.8. At distances of 10 km and 21.1 km there are food points available to participants. Food points are located every 5 km of the route. In points of food water, fruit are offered.

5.1.9. The schedule of distance starts and related cultural and entertainment events is published on the website <http://wrf.life>, <http://russiarunning.com> no later than one week before the date of the running event.

5.1.10. Categories of participants.

a) Running enthusiasts and professionals of 4 years and older are allowed to participate in the Event. The age category of the participant is determined upon registration on the website <http://wrf.life>,

<http://russiarunning.com>. The age of the participant is determined by the number of full years on the day of the running event.

Participants from 4 to 17 years old are allowed to attend the Event accompanied by adults - legal representatives or group leader. In addition to the documents specified in clause 5.2.9. of this Regulation, in order to allow a minor participant to participate in the Event, the legal representative of the minor participant is required to provide a document confirming the authority of the legal representative.

Such a document may be:

- a passport of a citizen of the Russian Federation, identifying the identity of the parent, containing a mark of the registry office on the registration of the birth of a child;
- a passport of a citizen of the Russian Federation, identifying the identity of the parent, with the birth certificate of the child, if the passport does not have a mark of the registry office on the registration of the birth of the child;

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5.1.9. Age groups of participants:

- 10-17 years old, boys and girls.
- 18-29 years old, men and women.
- 30-39 years old, men and women.
- 40-49 years old, men and women.
- 50-59 years old, men and women.
- 60-64 years old, men and women.
- 65-70 years old, men and women.
- 71-75 years old, men and women.
- 76-80 years old, men and women.
- 80 + years old, men and women.

5.1.10. The procedure for summing up and rewarding.

All participants who finish will be awarded with exclusive medals with commemorative symbols of the Event.

Winners in the disciplines "300m, 600m, 3 km, 5km, 10km, 21.1 km" are determined based on the net time taken to cover the distance (the difference between the time of exit from the starting gate and the time of crossing the finish line).

According to the results of the 300m race, awarding is carried out in the following offsets:

- Absolute classification: 1-3 place (boys and girls)

According to the results of the 600m race, awarding is carried out in the following offsets:

- Absolute classification: 1-3 place (boys and girls)

According to the results of the 3 km race, awarding is carried out in the following offsets:

- Absolute classification: 1-3 place (men and women);

According to the results of the 5 km race, awarding is carried out in the following offsets:

- Absolute classification: 1-3 place (men and women);

According to the results of the 10 km race, awarding is carried out in the following offsets:

- Absolute classification: 1-5 places (men and women over 18 years old).

According to the results of the 21.1 km race, awarding is carried out in the following offsets:

- Absolute classification: 1-5 places (men and women over 18 years old).

Partners and sponsors of the Event may establish special nominations and prizes in agreement with the Organizers.

Awarding in the main and additional age categories is carried out after the formation of preliminary protocols on the day of the event. 1-3 places are awarded with diplomas. 1 place in the frame, 2-3 places without a frame.

A participant who is the winner in one of the tests, but who did not come to the award and did not receive his award on the day of the running event, can receive the award within 21 calendar days from the day of the running event. A memorable gift can be sent by cash on delivery.

5.1.11. Restrictions, prohibitions, disqualification.

- a) The participant is not allowed to enter the distance if he has not provided a medical certificate of admission.
- b) A participant in a state of alcohol or drug intoxication is not allowed (including disqualified) to a running event.
- c) The medical worker accompanying the Event has the right to prevent the participant from starting or to withdraw from the race on the basis of a visual inspection (as agreed with the head judge).
- d) If the participant is allowed to start, but did not go to the start or did not finish, then his result is not taken into account. Such a participant in the final protocol published on the website <http://wrf.life>, <http://russiarunning.com> is assigned the status, respectively, of DNS (Do not start) or DNF (Do not finish).
- e) If the participant did not go to the start at the scheduled time, he is assigned the DNS status in the final protocol.
- f) If the participant has not crossed the finish area (retired), he will be assigned the DNF status in the final protocol.

g) The participant may be disqualified, and his results canceled both during the running event, and after, by decision of the Chief referee.

h) Reasons for disqualification: according to the technical rules of the World Race Federation (WRF) located on the site <http://wrf.life>.

#### 5.1.12. Protests.

a) Each participant may file a protest regarding the result contained in the published preliminary protocol.

b) Rules and deadlines for filing a protest.

- ☑ The protest can be submitted verbally, in writing, and also by e-mail
- ☑ The protest must be addressed to the Chief Justice.
- ☑ The protest must indicate the circumstances on which the participant bases his claims, and evidence supporting these circumstances.
- ☑ The protest can be submitted on the day of the running event or within three calendar days from the date of publication of the preliminary protocol <http://wrf.life>

c) The term for the consideration of the protest is 15 working days.

#### 5.2. Registration of participants in a running event.

5.2.1. Applications for participation in running events are submitted on the website <http://russiarunning.com>.

5.2.2. Electronic registration of participants for a running event ends at 23:59 Moscow time on 04/02/2020 or earlier, if the limit on the number of participants is reached.

5.2.3. All participants are assigned starting numbers. The participant must participate in a running event under his number. Transfer of the starting number to another participant is not allowed.

5.2.4. Registered is a participant who has submitted an application for participation, paid for participation and received confirmation of registration.

The participant is notified of successful registration by an SMS message to a phone number or by a letter to the email address specified during the registration process.

5.2.5. A sign of a participant's admission to a running event is the issuance of a starter pack.

5.2.6. To receive the starter pack, the participant must present:

- identity document and age;

- the original or a copy (upon presentation of the original) of the certificate of the medical organization with the signature and seal of the doctor, which should indicate that the participant is admitted to physical education (wording is allowed: admitted to mass competitions). The certificate must comply with the requirements of the order of the Ministry of Health of the Russian Federation No. 134N and must be issued no earlier than 05.10.2019.

5.2.7. At the end of the running event, the medical certificate is not returned to the participant.

5.2.8. The surname, name and patronymic (if any) of the participant indicated during registration on the website <http://russiarunning.com> must correspond to the passport data. Otherwise, the participant may be denied admission to the running event.

5.3. Services provided to participants as part of a running event.

The participant is provided with the following services:

- Starting package of the participant;
- An individual chip for timing.
- the result in the final protocol;
- service at food points;
- electronic certificate of participation, located on the website <http://russiarunning.com>
- first aid throughout the course (if necessary).

5.4. Starter package for a running event participant.

5.4.1. Participant's starter pack includes:

- start number;
- An individual chip for timing.
- additional gifts from partners

5.4.2. The starter pack of special categories of participants specified in clause 5.5.1 of these Regulations includes:

- start number;
- An individual chip for timing.

5.4.3. The issuance of starter packs is carried out only to registered participants who have provided medical certificates upon presentation of an identity document.

5.4.4. Start time for issuing starter packs:

04.03.04.2020 St. Petersburg

5.5. Fee for participating in a running event. Preferential categories of participants.

5.5.1. The fee for participation in a running event for retirees by age (women aged 55 years and older, men 60 and older) is 50% of the current price at the time of registration for one participant.

5.5.2. For other categories of participants, the fee depends on the date of registration and is indicated in the table below:

Временной промежуток/Дистанция	300м	600м	3км	5км	10км	21,1км
01.02.2020-01.03.2020	700руб	700руб	1200руб	1400руб	1600руб	1800руб
02.03.2020-02.04.2020	900руб	900руб	1500руб	1700руб	1900руб	2100руб

5.5.3. The participation fee is paid after filling out the registration form on the website <http://russiarunning.com>.

5.5.4. Payment Methods:

- on-line by bank cards of VISA and MasterCard, PayPal payment systems. Details required for the payment are indicated on the website <http://wrf.life>, <http://russiarunning.com>

- when registering at the place of issuance of starter packs, payment is made only in cash.

5.5.5. If a running event is canceled, the participation fee is not refunded.

5.6. Safety and responsibility of participants in running events.

5.6.1. In order to ensure the safety of spectators and participants, the Event is held in accordance with the Safety Rules for official sporting events, approved by Decree of the Government of the Russian Federation of April 18, 2014 No. 353.

5.6.2. Each participant is required to independently monitor their health and undergo a medical examination for any contraindications to prolonged physical activity.

5.6.3. Participants of the Event, if necessary, during a running event along the entire route are provided with emergency medical services, as well as the services of doctors in the start-finish zone.

The organizers of the Event are not responsible for the loss of life or injury to the participant, loss or damage to the property of the participant, as well as for any physical damage to the participant that occurred during the Event. This provision is valid before, during and after the official dates of the running events.

5.7. Member insurance.

5.7.1. Event organizers recommend that participants in a running event have an accident and life insurance policy.

5.7.2. Voluntary insurance is carried out on the basis of an agreement concluded between the insurer (the insurance organization selected by the participant) and the insured (participant).

5.8. Photo and video shooting Events.

5.8.1. Organizers carry out photo and video shooting of the Event without restrictions.

5.8.2. The organizers reserve the right to use the materials they received during the Event at their discretion as part of their activities, as well as advertising running events.

## 6. Conditions for changing and canceling running events.

6.1. A running event may be canceled, or changes may be made to it due to emergency, unforeseen and unavoidable circumstances that could not be reasonably expected, or avoided or overcome, as well as beyond the control of the Organizers. In particular, such circumstances include: natural disasters (earthquake, flood, hurricane); gusts of wind above 15 meters per second (inclusive); air temperature below minus 25 or above plus 30 degrees Celsius (inclusive); rainfall of 20 mm or more in 12 hours or less; events, phenomena that the Main Directorate of the Ministry of Emergencies of Russia for the subject of the Russian Federation recognizes as emergency and warns of their possible occurrence; fire; mass diseases (epidemics); strikes; hostilities; Act of terrorism; sabotage; traffic restrictions; prohibitive measures of states; the prohibition of trade operations, including with individual countries, due to the adoption of international sanctions; acts, actions, inaction of state authorities, local self-government; other circumstances beyond the control of the Organizers.

6.2. In the event of occurrence or threat of occurrence of the above circumstances, as a result of which the running event is subject to cancellation or change, participants who register to take part in the running event are notified by SMS message to a phone number or by letter to the email address specified during the registration process.

## 7. Final provisions.

7.1. This Regulation is an official invitation-call to participate in the Event.

7.2. Cases and situations not described in this Regulation are considered by the Organizers individually, taking into account the norms of federal, regional, municipal legal acts, these Regulations.

7.3. The organizers reserve the right to amend this Regulation.